

## EMFC Coaching Education 2010

Dear EMFC coaches,

as a club we have reached a very high level of success in the last few years. We have been growing the number of teams and players in our club. And we have increased the number of coaches on our coaching staff. In order to improve the level of coaching it is vital to provide our coaches as many opportunities as possible to grow as coaches.

Currently, EMFC encourages and funds our coaches to further their licensing level. We also use the system of assistant coaches to train coaches on the job. EMFC brings in guest coaches to improve and inspire our staff coaches. In addition, the Director of Coaching as well as the Technical Director of EMFC offer advice on a more daily basis. All of us coaches share our experiences and learn from each other whenever we can.

In addition to those coaching staff education opportunities, EMFC introduces a regular internal coaching education program to advance our staff even further. These coaching clinics will be run by the Director of Coaching, the Technical Director, and other EMFC staff coaches as well as invited guest coaches. In order to allow our coaches to attend as many as possible of those sessions, I will schedule them in advance and keep them on a routine calendar schedule. All EMFC staff coaches are invited to these sessions. Some of these sessions will be class room based, but most of them will be field based. Sometimes we will run a session using the coaches as players, sometimes we will invite a specific team to serve as players.

### 2010 Coaching Clinic Schedule:

Date	Time	Place	Topic	Teacher
Friday, January 29, 2010	5:00-7:00	TBA	Low Pressure Defending	Jürgen Ruckaberle
Friday, February 26, 2010	5:00-7:00	TBA	Functional Training of Twin strikers	Paul Meehan
Saturday, March 13, 2010	8:00-12:00	Slocum Center	Preventing Injuries and Optimizing Performance	
Friday, April 2, 2010	5:00-7:00	TBA		Joe Beeler
Friday, May 7, 2010	5:00-7:00	TBA		
Saturday, June 5, 2010	3:00-5:00	TBA		
Saturday, July 3, 2010	3:00-5:00	TBA		
Saturday, August 14, 2010	3:00-5:00	TBA		
Friday, August 27, 2010	5:00-7:00	TBA		
Friday, October 1, 2010	5:00-7:00	TBA		
Friday, November 5, 2010	5:00-7:00	TBA		
Saturday, December 4, 2010	3:00-5:00	TBA		